## Contents

Foreword Erskine Childers	vii
Preface	ix
Abbreviations	x
A System in Crisis Freedom from Hunger – a Legal Right Defining the Problem	1 2 2
Hunger and Death Low Rations - Avoidable Deaths 'Self-sufficiency' - a Hasty Assumption The Plight of the 'Other Half'	6 7 11 13
Not by Bread Alone Preventable Diseases: the Vitamin Gap Health Care Safe to Drink Mental Anguish 'Not a statue or a picture'	16 16 20 21 22 24
A Question of Responsibility  Monitoring 'If there is going to be oppression, then you had better be near a border'  The Uses of Vagueness Justifying	27 29 30 32 33
The Unkindest Cuts Consequences of the Funding Crisis A Hardening of Attitudes NGOs to the Rescue? International Food Reserves: A Case of Unhealthy Competition Stop-gap Measures Overcoming Transport Problems Tightening Food Supplies Needs on Applied 1992	36 37 40 40 41 42 43 44
	Abbreviations A System in Crisis Freedom from Hunger – a Legal Right Defining the Problem Hunger and Death Low Rations – Avoidable Deaths 'Self-sufficiency' – a Hasty Assumption The Plight of the 'Other Half' Not by Bread Alone Preventable Diseases: the Vitamin Gap Health Care Safe to Drink Mental Anguish 'Not a statue or a picture' A Question of Responsibility Monitoring 'If there is going to be oppression, then you had better be near a border' The Uses of Vagueness Justifying The Unkindest Cuts Consequences of the Funding Crisis A Hardening of Attitudes NGOs to the Rescue? International Food Reserves: A Case of Unhealthy Competition Stop-gap Measures Overcoming Transport Problems

6.	Providing an Income: The Other Side of the Relief Coin	47
	The Need for Relevant Research	47
	Distributing Cash	50
	Low Returns from Selling Food	51
	Arguments Against Cash Handouts	51
	Enterprise and 'Dependency'	54
	Political Constraints	56
7.	Assisting Development, Not Imposing It	58
	Removing Economic Constraints	59
	Self-Help Through Selling Rations	62
	Who Do Camps Really Help?	64
	Relief: Who Decides?	65
		69
		69
	Providing More Resources	71
	Specifying Responsibility	73
	Specific Issues	76
	Root Causes	79
	Appendix	83
	Index	03