
Contents

Introduction	1
1 Bases of Human Rights in Hinduism	4
2 Hinduism and Human Rights Discourse	30
3 The Caste System (<i>Varṇa, Jāti</i>) and Human Rights	50
4 The Stages of Life (<i>Āśrama</i>) and Human Rights	77
5 The Four Ages (<i>Yugas</i>) and Human Rights	85
6 Freedom of Conscience and Hinduism	96
7 Universalism in India and the West	122
8 A Human Rights Contribution to Hinduism and a Hindu Contribution to Human Rights	137
<i>Appendix I: Universal Declaration of Human Rights</i>	160
<i>Appendix II: A Universal Declaration of Human Rights by the Hindus</i>	167
<i>Appendix III: A Universal Declaration of Human Rights by the Hindus: A Sanskrit Text</i>	175
<i>Appendix IV: The Caste System and Race</i>	178
<i>Bibliography</i>	191
<i>Glossary</i>	197
<i>Index</i>	207